

VA is here for you.

1-800-MyVA411 (1-800-698-2411) is always the right number for information and assistance.

Or call directly:

Veterans Crisis Line: 1-800-273-8255 and press 1, Chat, or Text 838255

Homeless Veteran Resources: 1-877-424-3838 or Chat

White House VA Hotline: 1-855-948-2311

Call for helpful information on:

- COVID-19 general information and updates
- Health care eligibility and enrollment
- VA benefits, such as disability, compensation and pension, education programs, caregiver support, insurance, home loans, and burial headstones and markers, among others
- The nearest VA medical centers, benefits offices, or cemeteries to Veterans
- Directory assistance and connection to all VA contact centers and VA Medical Centers
- Technical support for [VA.gov](https://www.va.gov)
- Debt and payment options
- Immediate transfer to the Veterans Crisis Line or the National Call Center for Homeless Veterans

Will I be able to speak to a live agent?

Yes!

When you call **1-800-MyVA411** and **press 0**, you will reach a live agent for immediate assistance or connection to the right VA experts.

The VA Welcome Kit

A simplified guide to help you get the most out of your VA experience

Inside you will find an overview of VA benefits and services, important phone numbers and resources, and [“Quick Start Guides”](#) on specific programs, services, and topics.

Quick Start Guides

These handy [“Quick Start Guides”](#) will help you navigate your VA benefits and services, with checklists to keep you organized and on track to apply for them.

- [Apply for VA health care](#)
- [Get started with mental health services](#)
- [Get started with health services for women Veterans](#)
- [Understanding community care](#)
- [Accessing urgent care](#)
- [Apply for a disability rating](#)
- [Apply for education benefits](#)
- [Apply for burial in a VA national cemetery and for memorial products](#)
- [Understanding the modernized decision review process](#)
- [Get started with services for Veterans ages 65+](#)
- [Get started with Veteran state benefits and services](#)
- [Get started with Vet Center services](#)
- [Get started with caregiver benefits](#)
- [Apply for survivor benefits](#)

Explore [VA.gov](https://www.va.gov) to learn about your benefits